

Curriculum Vita
Brandy J. Baczowski, M.A.

Personal Information:

Fulton State Hospital
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Education:

Doctor of Philosophy, Clinical Psychology
The University of Mississippi, August 2015
Dissertation: Meaning, Self-Efficacy, and Psychological Distress: A study of Mississippi Coastal Residents Affected by the Gulf Oil Spill

Master of Arts, Clinical Psychology
Minnesota State University, Mankato, May 2010
Thesis: Parent and Child Report of Child Inattentiveness and Depression

Bachelor of Arts, Psychology
University of South Dakota, May 2008

Clinical Experience:

- 2015-present Fulton State Hospital
- Position: Psychologist (License # 2016008720, August 2016)
 - Provide individual and group therapy to clients in the Social Learning Program.
 - Provide training to new employees regarding the procedures of the Social Learning Program.
 - Member of the Research Committee.
- 2014-2015 University of Kansas Medical Center, Kansas City, Missouri
- Position: Intern Therapist
 - Supervisors: Edward Hunter, Ph.D., Albert Poje, Ph.D., Elizabeth Penick, Ph.D., Teri Smith, Ph.D., Aleen Dennis, Ph.D., Christine Befort, Ph.D., Monica Kurylo, Ph.D.
 - Rotations: Adult Inpatient Unit (July-September 2014), Child Inpatient Unit (October-December 2014), Neurorehabilitation (January-March 2015), Osawatomie State Hospital (April-June 2015), Outpatient psychotherapy and Telemedicine (July 2014 – June 2015), Rural Breast Cancer Survivor Program (July-December 2014), Consultation and Liaison (July-September 2014; January-March 2015), Bariatric Evaluation (October-December 2014)

- 2013-2014 Communicare, Oxford, Mississippi
- Supervisors: Dixie Church, LMFT and Alan Gross, Ph.D.
 - Position: Intern Therapist
 - Conducted intake assessments, developed treatment plans, and provided individual and family therapy.
- 2012-2014 Psychological Services Clinic, University of Mississippi
- Supervisors: Scott Gustafson, Ph.D. (2012, 2013), Stefan Schulenberg, Ph.D. (2012-2013), Laura Johnson, Ph.D. (2013-2014)
 - Position: Graduate Therapist
 - Conducted intake assessments, developed treatment plans, and provided individual, group, and family therapy.
- 2012-2014 International Programs, University of Mississippi
- Supervisor: Laura Johnson, Ph.D.
 - Position (2013-2014): Leader of the Ole Miss Global Spouses & Partners Connection Program
 - Conducted a weekly support group for international nontraditional students and significant others of faculty and students to connect with similar individuals, discuss acculturation issues, and learn about diversity.
 - Position (2012-2013): Co-leader of the International Ladies Club
 - Conducted a weekly support group for international women to connect with other international students, discuss acculturation issues, and learn about cultures and diversity.
- 2012-2014 Office of Student Disability Services, University of Mississippi
- Supervisor: Stefan Schulenberg, Ph.D.
 - Position: Verification Specialist
 - Conducted interviews and reviewed documentation for students applying for academic accommodations.
- 2011-2014 Psychological Assessment Clinic, University of Mississippi
- Supervisors: Stefan Schulenberg, Ph.D. and Scott Gustafson, Ph.D.
 - Provided comprehensive psychological evaluations to assess for Learning Disabilities, Attention-Deficit/Hyperactivity Disorder, mood/anxiety disorders, and personality disorders.
- 2012-2013 Region IV Batesville Crisis Stabilization Unit, Batesville, Mississippi
- Supervisors: Julie Garner, LPC and Scott Gustafson, Ph.D.
 - Position: Ph.D. Intern
 - Conducted intake assessments; developed treatment plans; and provided individual, group, and family therapy. Additionally, obtained prior authorization and conducted continued services reviews through Mississippi Medicaid.

- 2009-2010 Adult Child and Family Services, Mankato, Minnesota
- Supervisor: Jeanne Burkhart, Ph.D., Licensed Counseling Psychologist
 - Position: In Home Skills Therapist
 - Worked with adolescent girls with emotional regulation problems, negativistic attitude, and low self-esteem. Developed treatment plans and interventions included psychoeducation on feelings, thoughts, and behaviors; stress management; and individual and family skills training.
- 2009-2010 Counseling Center at Minnesota State University, Mankato
- Supervisor: Steven P. Gilbert, Ph.D., Licensed Counseling Psychologist
 - Position: Behavioral Stress Management Skills Instructor
 - Taught stress management skills to clients referred by counselors in the center and provided follow-up sessions. Skills taught included Deep Diaphragmatic Breathing, Visualization, Time Management, Sleep Hygiene, Cognitive Rehearsal, Conversation Skills, and Progressive Muscle Relaxation.
 - Developed a new skills training program on overcoming worry.

Research Experience:

- 2010-2014 Meaning in Life Research Lab, The University of Mississippi
Graduate Research Assistant under the supervision of Stefan Schulenberg, Ph.D. Duties included entering, analyzing, and interpreting data collected from assessments pertaining to meaning in life, suicidality, and disaster. Supervised undergraduate students in research projects. Provided ad hoc reviews of literature including book chapters and journal articles in the fields of positive psychology and assessment.
- 2012-2014 Ole Miss Disaster Preparedness, The University of Mississippi
Graduate Research Assistant under the supervision of Stefan Schulenberg, Ph.D. and C. Veronica Smith, Ph.D. Duties included grant writing, collecting and analyzing data, and conducting focus groups related to disaster preparedness.
- 2010-2014 UM Clinical-Disaster Research Center, The University of Mississippi
Graduate Research Assistant and Consultant under the supervision of Stefan Schulenberg, Ph.D. Duties included working as a consultant with a state mental health agency in managing several service providers responding to natural and man-made disasters.
- 2009-2010 Master of Social Work Department, Minnesota State University, Mankato
Graduate Assistant under the supervision of Nancy Fitzsimons, Ph.D., MSW. Duties included entering, analyzing, and interpreting data collected from assessments pertaining to the development and progress of students in the MSW program. Assisted in compiling materials related to the accreditation process.

- 2008-2010 Childhood Resilience Research Lab, Minnesota State University, Mankato
Graduate Research Assistant under the supervision of Sarah Sifers, Ph.D. Duties included reviewing and critiquing literature in the field of childhood resilience, specifically issues related to childhood depressive symptoms and inattention. Trained research assistants, collected data from participants for two studies related to childhood resilience, scored measures, and entered data.
- 2008-2009 Cognitive Neuroscience Research Lab, Minnesota State University, Mankato
Graduate Research Assistant under the supervision of Jonathan Page, Ph.D. Duties included the review and critique of literature in the fields of Auditory Processing Disorder, cognitive neuroscience, and the discrepancies in the number of traffic collisions made by police officers in pursuit between the United States and the United Kingdom. Collected data from participants for a study related to neuroscience and timed judgments. Analyzed data using software compatible with an Electroencephalograph.
- 2006-2008 Research lab of Dr. Jean Caraway, University of South Dakota
Undergraduate Research Assistant under the supervision of Jean Caraway, Ph.D. Duties included reviewing and critiquing literature in the field of parental bereavement with an emphasis on likelihood of replacement children. Provided assistance to a parental bereavement study by a graduate student in the Clinical Psychology Department. Developed questionnaire items and collected data pertaining to replacement children in conjunction with this study.

Peer-Reviewed Publications:

- Aiena, B. J., **Baczwaski, B. J.**, Buchanan, E. M., & Schulenberg, S. E. (2014). Psychometric properties of the 14-item Resilience Scale: A tale of two samples. *Personality Assessment*. Advanced online publication. doi:10.1080/00223891.2014.951445
- Walters, A. B., Drescher, C. F., **Baczwaski, B. J.**, Aiena, B. J., Darden, M. C., Johnson, L. R., Buchanan, E. M., & Schulenberg, S. E. (2014). Getting active in the Gulf: Environmental attitudes and action following two Mississippi coastal disasters. *Social Indicators Research*, 118, 919-936. doi:10.1007/s11205-013-0428-2
- Schulenberg, S. E., **Baczwaski, B. J.**, & Buchanan, E. M. (2014). The Seeking of Noetic Goals Test. *Journal of Happiness Studies*, 15, 693-715. doi:10.1007/s10902-013-9446-7
- Drescher, C. F., **Baczwaski, B. J.**, Walters, A. B., Aiena, B. J., Schulenberg, S. E., & Johnson, L. R. (2012). Coping with an ecological disaster: The role of perceived meaning in life and self-efficacy following the Gulf Oil Spill. *Ecopsychology*, 4, 56-63.
- Schulenberg, S. E., **Baczwaski, B. J.**, & Aiena, B. J. (2012). Advancing logotherapy as a science: A research imperative - Part one. *The International Forum for Logotherapy* 35(2), 65-72.

Book Chapters:

Schulenberg, S. E., Drescher, C. F., & **Baczwaski, B. J.** (2014). Perceived meaning and disaster mental health: A role for Logotherapy in clinical-disaster psychology. In A. Batthyany and P. Russo-Netzer (Eds.), *Meaning in positive and existential psychology* (pp. 251-267). New York: Springer.

Reviews:

Aiena, B. J., & **Baczwaski, B. J.** (2012). A measure of interest to Logotherapy researchers: Resilience Scale - 14. *The International Forum for Logotherapy*, 35(2).

Campbell, S. W., **Baczwaski, B. J.**, & Ladner, J. M. (2012). Recent publications of interest to Logotherapists. *The International Forum for Logotherapy*, 35(2).

Baczwaski, B. J. (2012). A measure of interest to Logotherapy researchers: Suicide Behaviors Questionnaire - Revised. *The International Forum for Logotherapy*, 35(1).

Campbell, S. W., **Baczwaski, B. J.**, & Ladner, J. M. (2012). Recent publications of interest to Logotherapists. *The International Forum for Logotherapy*, 35(1).

Baczwaski, B. J. (2011). A measure of interest to Logotherapy researchers: The Seeking of Noetic Goals Test. *The International Forum for Logotherapy*, 34(2), 113-114.

Campbell, S. W., **Baczwaski, B. J.**, & Ladner, J. M. (2011). Recent publications of interest to Logotherapists. *The International Forum for Logotherapy*, 34(2), 115-126.

Campbell, S. W., & **Baczwaski, B. J.** (2011). Recent publications of interest to Logotherapists. *The International Forum for Logotherapy*, 34(1), 58-63.

Professional Presentations:

Baczwaski, B. J., Aiena, B. J., Walsh, S. P., Florez, I. A., Schulenberg, S. E., & Smith, C. A. (2013, November). Informing disaster-preparedness efforts on a college campus. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies in Nashville, TN

Campbell, S. W., Walters, A. B., **Baczwaski, B. J.**, Schulenberg, S. E., Drescher, C. F., & Smith, C. V. (2012, September). *Disaster-related research and consultation: Lessons learned from two events*. Symposium presented the annual meeting of the Mississippi Psychological Association in Gulfport, MS.

Lambdin, K. K., **Baczwaski, B. J.**, & Schulenberg, S. E. (2012, September). Examining the incremental utility of the Purpose in Life test - Short Form. Poster presented at the annual meeting of the Mississippi Psychological Association, Gulfport, MS.

- Powers, A. K., **Baczwaski, B. J.**, & Schulenberg, S. E. (2012, September). Comparison of levels of meaning in life and depression about students with and without PTSD. Poster presented at the annual meeting of the Mississippi Psychological Association, Gulfport, MS.
- Aiena, B. J., **Baczwaski, B. J.**, Buchanan, E. M., & Schulenberg, S. E. (2012, August). *The psychometric properties of the 14-item Resilience Scale (RS-14)*. Poster presented at the 120th annual meeting of the American Psychological Association, Orlando, FL.
- Baczwaski, B. J.**, Schultz, K. V., Aiena, B. J., Campbell, S. W., Smith, C. V., & Schulenberg, S. E. (2012, August). *Depression, anxiety, stress, and meaning in life among those impacted by the Gulf Oil Spill*. Poster presented at the 120th annual meeting of the American Psychological Association, Orlando, FL.
- Lambdin, K. K., Smith, C. A., **Baczwaski, B. J.**, & Schulenberg, S. E. (2012, August). *Perceived meaning, depression, and suicidality in a college student sample*. Poster presented at the 120th annual meeting of the American Psychological Association, Orlando, FL.
- Pollard, M. W., Smith, C. A., **Baczwaski, B. J.**, & Schulenberg, S. E. (2012, August). *Perceived meaning in life, suicidality, and alcohol use*. Poster presented at the 120th annual meeting of the American Psychological Association, Orlando, FL.
- Baczwaski, B. J.**, & Schulenberg, S. E. (2012, June). *Logotherapy in action: Meaning-based research as a platform for community service*. Paper presented at the Third Colombian Congress for Logotherapy and Existential Analysis. Bogota, Colombia.
- Schulenberg, S. E., & **Baczwaski, B. J.** (2012, June). *Logotherapy in clinical practice: A workshop*. Paper presented at the Third Colombian Congress for Logotherapy and Existential Analysis. Bogota, Colombia.
- Schulenberg, S. E., & **Baczwaski, B. J.** (2012, June). *Assessment of perceived meaning and search for meaning: Psychometric evaluation of the Purpose in Life and Seeking of Noetic Goals Tests*. Paper presented at the Third Colombian Congress for Logotherapy and Existential Analysis. Bogota, Colombia.
- Lambdin, K. K., **Baczwaski, B. J.**, & Schulenberg, S. E. (2012, February). *Perceived meaning, alcohol use, and PTSD: A college sample*. Paper presented at the annual meeting of the Mid-South Psychology Conference. Memphis, TN.
- Baczwaski, B. J.**, & Schulenberg, S. E. (2012, February). *Mental health and meaning and purpose in life as predictors of life satisfaction*. Paper presented at the annual meeting of the Mississippi Academy of Science, Hattiesburg, MS.
- Pollard, M. W., Lambdin, K. K., **Baczwaski, B. J.**, Schulenberg, S. E. (2012, February). *Grit as a predictor of posttraumatic stress disorder*. Paper presented at the annual meeting of the Mississippi Academy of Science, Hattiesburg, MS.

Baczwaski, B. J., & Schulenberg, S. E. (2011, September). *Suicidal Behaviors Questionnaire*. Poster presented at the annual convention of the Mississippi Psychological Association, Biloxi, MS.

Baczwaski, B. J., Buchanan, E. M., & Schulenberg, S. E. (2011, August). *Psychometric properties of the Seeking of Noetic Goals Test*. Poster presented at the annual convention of the American Psychological Association, Washington, D.C.

Campbell, S. W., Walters, A. B., **Baczwaski, B. J.**, Schulenberg, S. E., Drescher, C. F., & Smith, C. V. (2011, August). *Disaster related research and consultation: Lessons learned from two events*. Poster presented at the annual convention of the American Psychological Association, Washington, D.C.

Baczwaski, B. J., & Sifers, S. K. (2010, May). *Discrepancies in child and parent report of inattentiveness and depression*. Paper presented to the annual convention of the Midwest Psychological Association, Chicago, IL.

Baczwaski, B. J. (2010, April 28). *Simple relaxation strategies*. Public education presentation at Minnesota State University, Mankato Women's Center: Returning Women's Discussion Group, Mankato, MN.

Baczwaski, B. J. (2010, April 19). *Relaxation training for stress management*. Public education presentation at Minnesota State University, Mankato H2O: Healing, Hope, and Opportunities Counseling Center Presentations, Mankato, MN.

Baczwaski, B. J. (2010, April 12). *Managing workplace worry*. Public education presentation at Minnesota State University, Mankato H2O: Healing, Hope, and Opportunities Counseling Center Presentations, Mankato, MN.

Baczwaski, B. J. (2010, April 12). *Accepting uncertainty*. Public education presentation at Minnesota State University, Mankato Discovering Yourself Counseling Center Workshops, Mankato, MN

Baczwaski, B. J., & Sifers, S. K. (2010, March). *The relationship between self-esteem and attitudes toward physical activity in adolescent girls*. Paper presented at the Midwestern Conference on Professional Psychology, Owatonna, MN.

Baczwaski, B. J. (2009, November). *Overcoming worry*. Public education presentation at Minnesota State University, Mankato Discovering Yourself Counseling Center Workshops, Mankato, MN

Baczwaski, B. J., Aldrich, L., Colson, L., Radermacher, K., & Page, J. W. (2009, March). *Cortical evidence of how timing influences visual discrimination*. Paper presented at the Midwestern Conference on Professional Psychology, Owatonna, MN.

Page, J. W., Aldrich, L., **Baczwaski, B. J.**, Colson, L., & Radermacher, K. (2009, March). *A rush to judgment*. Poster Presented at Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.

Budden, B. J., Mitchell, D., & Caraway, J. (2008, April). *Parental bereavement and replacement children: Reported prevalence and desire to have children after a loss*. Poster presented at IdeaFest, Vermillion, SD.

Budden, B. J., Kolander, K., Howardson, G., Skillman, G., & Peterson, D. (2008, February). *Facebook: Amount of Disclosure on Social Networking Sites Based on Years of Education*. Poster presented at Pierre Poster Session, Pierre, SD.

Seminars:

Baczwaski, B. J. (2016, May). *Preparing for the EPPP and Other Certification Exams*. Seminar presented to psychology interns as part of required seminar series, Fulton State Hospital, Fulton, MO.

Baczwaski, B. J. (2016, July). *Positive Psychology*. Seminar presented to psychology interns as part of required seminar series, Fulton State Hospital, Fulton, MO.

Service Work:

2011-2013 American Foundation for Suicide Prevention

- Chair of the 2011, 2012, and 2013 Out of the Darkness walks for suicide prevention and intervention.
- Duties included: planning and organizing walk activities, recruiting volunteers and walkers, and coordinating day of event.

2005-2012 American Red Cross

- Member of the Disaster Services Human Resources System.
- Certified in the following ARC trainings: Disaster Services: An Overview, Introduction to Disaster Response, Disaster Assessment, Mass Care: An Overview, Emergency Assistance to Families, Shelter Simulation, Shelter Operations, Foundations of Disaster Mental Health, and Psychological First Aid.